



# HOW TO RECOGNIZE A STROKE

According to the American Stroke Association, a stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke. You can recognize a stroke by asking three simple questions:

- Ask the individual to smile.
- Ask him or her to raise both arms.
- Ask the person to speak a simple sentence.

If he or she has trouble with any of these tasks, call 9-1-1 immediately and describe the symptoms to the dispatcher.